### THE HOW, WHAT, WHERE QUESTIONS…

**What are the opening hours?**

9am-11pm Mon-Sun.

**What are the exhibition dates?**

Sat 23rd Nov 2019 – Sun 12th Jan 2020.

**Will there be an official opening/launch night?**

There will be a special Breakfast Launch on Saturday November 23rd, 10.30am-12pm. Please [RSVP](mailto:mahliaamatina@gmail.com?subject=RSVP%20to%20launch%20of%20'Life%20on%20a%20Spectrum'%20-%20Bracknell) if you are able to make it.

**Is there an entry charge?**

No, the exhibit it free thanks to funding from Arts Council England.

**Is there car parking?**

Yes, free parking is available at South Hill Park for up to 200 cars.

**What is the address and how do we get to the exhibition?**

If you come into the main reception, the gallery is on your left hand side, and is clearly sign-posted. Full postal address:

South Hill Park,  
Ringmead,  
Bracknell,  
RG12 7PA

## *Getting there by Car*

South Hill Park Arts Centre is in the Birch Hill area of Bracknell. This is about a 7-minute drive from the town centre, just off the A322 Bagshot Road near the Hilton Bracknell Hotel. It is also accessible from both the M3 (Junction 3) and the M4 (Junction 10), and is just 20 minutes from Reading town centre, and 25 minutes from Maidenhead or Slough. The venue is well sign posted. Look for the brown road signs saying ‘Arts Centre’ or showing a comedy mask.

### By Train

Bracknell is well served with trains from London Waterloo, Reading and towns in the surrounding area, into Bracknell or Martins Heron stations. The central bus station is just outside Bracknell station or there is a taxi rank. Bracknell Station is an approx. 35min walk to South Hill Park, or a 10min taxi journey.

### By Bus

Bracknell is well served with bus services from Reading, London Victoria and towns in the surrounding area. There is a taxi rank just outside the central train station across the road from the Bus Station.

Destination: Birch Hill (171/172), Sainsbury’s (171/172), Haversham Drive (194).

**Is there food available?**

Yes, there is food and drink available at the [Atrium Bar & Restaurant](https://www.southhillpark.org.uk/eat-drink/)

**Are there toilets available?**

Yes, there are toilets throughout the venue, including accessible toilets on the ground floor.

**Can we buy souvenirs?**

There are greeting cards and visual art to purchase, while a complementary booklet with information on the exhibition is available to takeaway.

**Will there always be someone available at South Hill Park?**

Staff at reception will be happy to answer any questions and are available 10am-8pm Mon-Sat. I will be also popping into the exhibition space on a regular basis.

**Is there disabled access?**

South Hill Park Arts Centre aims to be accessible and welcoming to everyone. If necessary, please let the venue know about your special needs at the time of booking so that staff are ready for your visit. For more info please click [here](https://www.southhillpark.org.uk/visit/disabled-access/).

# **MORE ABOUT THE EXHIBITON…**

**Can you tell me more about the art exhibition?**

*‘Life on a Spectrum’* is an interactive and multi-media exhibition. It explores the expression of, and experience of autistic specific traits inspired by the artist’s own experience and previous arts led advocacy work. It uses visual art, writing, videography and performance art. Visitors are encouraged to interact with exhibit elements by generating their own art using pre-cut magnetic shapes and leaving responses to questions related to autism-specific traits.

**How does the exhibit advocate for autism?**

South Hill Park is a widely accessible venue. The art exhibition itself has interactive elements, enabling people of various ages and neurodivergent natures to engage with what medium suits them most. *‘Life on the Spectrum’* is open to people of all backgrounds and aims to capture the imagination of people to learn about and celebrate, neurodiversity.

**Is the exhibition suitable for those who aren’t autistic/neurodiverse?**

Of course! The exhibition is inclusive, accessible and open to all ages.

**How long do I need to set aside for the visit?**

It completely depends, but I’d put aside up to an hour. Though longer if you want to sit down and contribute to the interactive shapes board and respond to scrapbook questions. Maybe you’ll want to grab a coffee and check out the SHP grounds. Or take some pics and Tweet about the exhibit.

# THE EXTRA BITS ‘N’ BOBS…

**What else can we do in the area while we’re there?**

South Hill Park has a busy programme, with pantomime shows, exhibitions, cinema and stage shows available. You can grab a bite to eat or visit the grounds. Nearby, you can also visit Swinley Forest at the [Look Out Discovery Centre](https://www.bracknell-forest.gov.uk/leisure-services/look-out-discovery-centre) or try the swimming waterpark [Coral Reef Water World](https://www.everyoneactive.com/centre/coral-reef-waterworld/).

**How can we feedback our experiences?**

There will be a feedback form available at the exhibition.

**If there’s anything I haven’t answered and you’d like to get in touch, please do so by clicking** [here](http://www.mahliaamatina.com/get-in-touch)**.**

# Otherwise, we look forward to seeing you!